## Sister Spotlight

# Susan Morgaine

#### What drew you to join the Sisterhood?

I have felt drawn to Avalon for over 20 years but never really did anything about it. About 10 years ago, a friend who is a Sister mentioned it. I thought seriously about joining then, but something stopped me. I attended the 2016 Ninefold Festival and that was all I needed and joined at Calan Gaeaf that year.

## After joining, what was your first impression of the SOA?

My first thought was that this was a most serious tradition. Orientation was so much more than I had expected. I think, in looking back, that ten years ago I was not ready and Goddess stepped in and made me take a harder look at joining. When I did join in 2016, I knew, right away, that this was where I was supposed to be.



Honestly, it was the women that I met. We hear and see so much of women competing with and gossiping about, other women and it saddens me. I spent 16 or so years in my local belly dance community and I saw all manner of drama between the women, most of it not attractive. The women, who I have now come to know as Sisters, do not fall prey to this. They are kind, considerate, helpful to one another. I have met so many of them and am constantly blown away by the love that comes from each of them. It is a wonderful thing to be a part of.

What positions do you hold in the SOA? (ie. Hearth Mother, board trustee, etc.) At present, none.

#### Do you volunteer in any other capacity?

Currently, no, but when I have completed a couple of more Cycles and are more comfortable with what I am learning and settling more into the Sisterhood, I hope that that will change.

#### What SOA activities have you completed? (ie. Intensives, Quests, Pilgrimage...)

have attended both the 2016 and 2017 Ninefold Festivals. I completed Jhenah's first online immersion course, "Walking the Path of the Priestess." I have just finished the Gold Ray Quest and am embarking upon the Crystal Ray now. I have watched AvaCon the past two years. I went to the "Seeking Avalon Within" foundational intensive in April of this year, and will be attending "Realm of Sea" in just a week or so. It is my hope to go on Pilgrimage in either 2019 or 2020, and am currently saving as it is my desire to also bring my daughter.

#### What do you do for work (outside of the SOA)?

I teach Kundalini Yoga and Meditation and Goddess Spirituality Workshops. I facilitate four Red Tents per year, on the Solstices and Equinoxes. I am a Women's Empowerment Coach, certified through Imagine A Woman International. I am also a writer, having been published in several anthologies, published by the Girl God Publications and Mago Books, as well as Jareeda and SageWomen magazines; I am a monthly columnist for the e-magazine, Pagan Pages. I am also the author of "My Name is Isis, the Egyptian Goddess", fourth in the series of the "My Name is..." children's books by The Girl God Publications.

#### What hobbies do you have?

I am an avid reader. I crochet in the cooler weather of which we have not had much of this summer in New England! I love to play pool; fortunately we have our own table. When the mood strikes, I make my own all natural body products and charms. I also practice Kundalini Yoga.

#### Do you have any special talents?

I am a pretty good cook. I have had to change a bit there, as I have been vegetarian for quite a few years and, right now, am about 95% vegan. I think I'm a good dancer and sometimes really miss the actual dancing of belly dance. I'm overly organized and detail oriented - is that a talent??

## What would you tell someone who is looking into joining the SOA?

I would say that if someone is thinking about joining the SOA, then that she should definitely go with that feeling, as it will not steer her wrong. Listen to that voice of intuition as it knows best. Try to contact any of the Sisters beforehand to have any questions answered before joining. All of us are happy to help in whatever way we can, whether we have been around the SOA for many years, or just a couple. I would also suggest that upon joining to not feel as if she needs to study everything all at once, as it can become overwhelming. Also, to reach out to her Sisters if she needs help and/or advice. I reached out to a couple of Sisters shortly after joining, asking their advice on working the Cycle. I was so glad that I did. The advice from each was different and extremely valuable to me.

### How would your best friend describe you?

I would like to think she would say I was kind and considerate, that I put myself out there for people and try to help others as much as I can, that I am loving.

## How has the SOA changed your life? What part of the SOA has been most influential in your life?

I am more at peace, I think, in certain areas, as the Cycle of Healing has helped me immensely in dealing with some of the hardest parts of my Shadow. I try to behave as a Priestess should behave, although I am far from where I would like to be. I don't know if I can choose one part of the SOA, as I feel that what I have gotten from it, comes from it's many parts - the learning/cycling through the Quest, the opportunity for meeting Sisters at Ninefold and at Intensives, the Sisters themselves that I have met online and in person have been phenomenal and I am proud to call them Sisters (only child here), and of course, Jhenah. She sets the tone for the Sisterhood and for this Tradition. I have always felt that the tone is set from the top down, as can be seen in any work environment. Her commitment, care and love for what she does and all the women who look to her is amazing.

I am grateful and blessed to be a member of the Sisterhood of Avalon.

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